

## What are Your Green Habits?

Perhaps you...

- Print double-sided
- Use canvas bags when shopping
- Avoid running the water while brushing
- Drink Fair Trade coffee
- Shop/eat locally/in season
- Ride share/use public transportation
- Avoid excessively packaged products
- Buy sweatfree/second hand clothing
- Recycle

Our green habits can inspire other green habits and before long, we've begun to really make a difference in our world!



**“Let ours be a time remembered for the awakening of a new reverence for life, the firm resolve to achieve sustainability, the quickening of the struggle for justice and peace, and the joyful celebration of life.”**

- The Earth Charter: “The Way Forward”

The **Green Habit Campaign** is just one of the many social justice involvements of the School Sisters of Notre Dame. For more information please contact the School Sisters of Notre Dame.



“...we work actively, especially in our local situations, to eliminate the root causes of injustice in order to realize a world of peace, justice, and love.”

*You Are Sent* - Constitution #17, School Sisters of Notre Dame



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**School Sisters of Notre Dame Print Shop**  
**Est. 1886**

## Make a Difference in Our World...



## ...Live Sustainably

**An invitation from the  
School Sisters of Notre Dame  
Green Team**

# THE GREEN HABIT CAMPAIGN

## Did You Know...?

- 40% of Earth's population currently faces serious water shortages.
- 42% of Earth's forests have been lost in the last century.
- 65% of Earth's croplands have been degraded.
- 70% of the oceanic fish stocks have been depleted or are at their biological limits.
- The US has 5% of the world's population, but consumes 30% of the world's resources and produces 30% of the world's waste.

Sources: LCWR 2004 Promotion of Ecological Sustainability Resolution  
"The Story of Stuff" by Annie Leonard, 2007

## It's Called Unsustainable Consumption

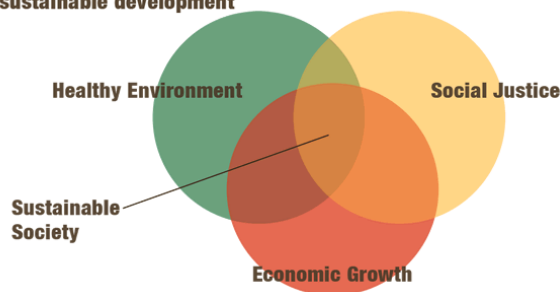
As a society, we produce, purchase, use and throw away too much stuff. If everyone consumed like we do in the US, we would need up to 5 Earths to support these habits! Human dignity and our environment are suffering due to this unsustainable consumption. The quality of our air, water, and land, the treatment of workers and animals, are all affected. The poor and marginalized are disproportionately impacted.

## Sustainability

How do we address unsustainable consumption? By pursuing sustainable living policies and practices in our lives and in our institutions.

*Sustainability is simply meeting the needs of the present without compromising the ability of future generations to meet their own needs.*

The three components of sustainable development



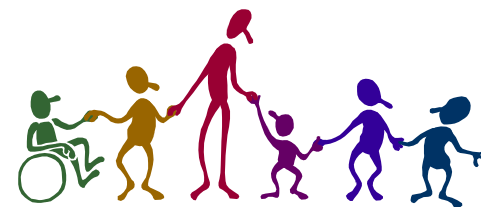
## Promoting Sustainability- Making a Difference

The Green Habit Campaign is an initiative of the School Sisters of Notre Dame **Green Team** to recognize and promote sustainable living practices. Individuals and groups join in this effort by taking the Green Habit Pledge.

## The Green Habit Pledge

I pledge to pursue sustainable living practices in my life and work, taking into account the environmental and social impacts of my actions. In addition, I will:

- Learn more about sustainable living practices
- Provide examples of what I am doing to the Green Team
- Invite others to join the campaign



## Green Resources On-Line

The School Sisters of Notre Dame Green Habit Campaign webpage is an on-line resource where you can:

- Learn more about sustainable living;
- Share your green habits with others and pick up some new green habits;
- Sign up to receive *The Green Sheet*, our e-newsletter;
- Take the Green Habit Pledge. Both individuals and groups are invited to join!

Go to [www.ssnd-milw.org](http://www.ssnd-milw.org) and click on the Green Habit Campaign logo or contact us at [justiceandpeace@ssnd-milw.org](mailto:justiceandpeace@ssnd-milw.org)

