

Green Habit Pledge Tags

I pledge to...

Turn the thermostat down 2 degrees in the winter and
up 2 degrees in the summer.

Saving 2,000 pounds of CO₂ each year
and 2% lower utility bills.

Let us know how it goes!
Email the SSND Green Team at
justiceandpeace@ssnd-milw.org



Green Habit Pledge Tags

I pledge to...

Replace two-60 watt incandescent light bulbs
With compact fluorescent lights

Saving 168 pounds of CO₂ each year and
\$20.00 each year.

Let us know how it goes!
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justiceandpeace@ssnd-milw.org



Green Habit Pledge Tags

I pledge to...

Replace paper and plastic with reusable shopping bags.

Annually over 500 billion plastic bags are consumed.
Around 12 million barrels of oil are used to make plastic bags.

Plastic bags also are dangerous for wildlife,
accounting for an estimated 100,000 deaths.

Let us know how it goes!
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I pledge to...

Choose Fair Trade chocolate and coffee when I see it
and ask for it when I don't.

Fair Trade products ensure fair wages, help
preserve the environment, and require that
workers are treated with dignity and respect.

Let us know how it goes!

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I pledge to...

Make more use of my slow cooker and microwave oven.

Microwaves use 85% less energy than a conventional cooktop
and 1/3 of the energy used by a toaster oven.

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Green Habit Pledge Tags

I pledge to...

Turn off the water while brushing my teeth.

Let's say you cut your water usage from 2 minutes to
1 minute each time (and you can do better than this, for sure).

You'd save about 5 gallons each day,
or 1825 gallons each year.

Let us know how it goes!

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I pledge to...

Eating more locally grown food and/or eating less red meat.

Every pound of beef takes 16 pounds of grain and soy to produce, meaning that one loses 15 pounds of food in the production of every 1 pound of beef.

For pork, poultry and eggs the ratio is lower.

www.farmfreshatlas.org

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Green Habit Pledge Tags

I pledge to... Make Christmas more green by giving gifts of time and talent, or donating to worthy causes.

Presents will be wrapped using recycled paper.

If everybody consumed like we do in the US, we would need at least 3 Earth's worth of resources! But we only have one!

Let us know how it goes!

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Green Habit Pledge Tags

I pledge to...Idle my car less.

Idling your car produces twice the emissions that driving does!

Idling for 15 minutes each workday costs you over \$100 in gas every year. It takes less gas to start and restart your engine than idling for one single minute.

Let us know how it goes!

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Green Habit Pledge Tags

I pledge to...

Turn my computer monitor off when I am not using it.

If every office worker in the US did this, \$935 million per year would be saved. This is enough energy to power over one million households for one year, and CO₂ reductions equivalent to preventing the emissions from 1.5 million cars.

Let us know how it goes!

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Green Habit Pledge Tags

I pledge to...

Take quick showers and turn off water while soaping.

Showers account for 22% of all water usage in America. Turning off the water while soaping can cut your water usage in half, resulting in saving as much as 11,000 gallons per year -plus the energy to heat all that water!

Let us know how it goes!

Email the SSND Green Team at justiceandpeace@ssnd-milw.org



Green Habit Pledge Tags

I pledge to...

Write to my elected officials urging their support for policies and legislation that promotes human dignity and supports sustainable development.

The U.S. has 5% of the world's population but consumes 30% of the world's resources and creates 30% of the world's waste.

Let us know how it goes!

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I pledge to...

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justiceandpeace@ssnd-milw.org



MERRY

CHRISTMAS

Green Habit Pledge Tags

I pledge to...

Let us know how it goes!
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MERRY

CHRISTMAS

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MERRY

CHRISTMAS